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| Name: MS.PRATYUSHA | Reg No: 02-3SMHC19 |
| Age / Sex:26/F | Contact No:9538325028 |
| Marital Status:ML- 2 YEARS | Date:02/2/19 |
| Occupation: HOUSEWIFE. STUDIED TILL BBM | Dr. PJFP |
| Address:  NATIVE OF BLORE. | DIAGNOSIS- |

1. IRREGULAR PERIODS FROM 1 YEAR AFTER MENARCHE.

AFTER MARRIAGE ALMOST ONCE IN 3 MONTHS. LMP: DEC7TH 2018. 2 WEEKS BACK HAD SPOTTING. LMP: 28/2/19: BACK TOOK ALLOPATHIC MEDICATION NOW GETTING ONLY SPOTTING.

MENARCHE: 11 YEARS.

1. SLEEP DISTURBANCES SINCE PU LEVEL. LATE SLEEP. 7-6 HURS OF SLEEP

POST WEDDING GAINED WEIGHT.

* PT IS ONLY CHILD.

PAST H/O:

* NS.

HAD ACCIDENT 2013 LIGAMENT SURGERY?

FAMILY H/O:

MOM 52 YEARS: DM, HTN, THYROID DYSFUCNTION.

DAD: EXPIRED 2003 HEART ATTACK

MORE OF DM AND BP PTS IN FAMILY.

PERSONAL H/O:

* VEG.
* LIKES WATERMELON.
* SPICY LIKES MORE DOESN’T LIKE SWEETS. LESS VEGETABLES.
* DESIRES ARE NOT MUCH. FEELS PAINFUL.
* SWEATS ON PALMS.
* CATS FEARS.
* LIKES COLD WEATHER. IN HOT WEATHER GETS HEADACHE.

RX:

1. MEDORHINUM 1M – 1 DOSE
2. CALC CARB 200 – 4-4-4-4 B/FOOD 1 DRAM PILLS.
3. ALLIUM SATIVUMQ + BOERHAVIAQ- 20-20-20 DROPS A/FOOD.
4. RUB 15 – 1 TAB NIGHT B/FOOD.

16/4/19: period din come still. Wt: 79.9kg

Rx:

1. Carcinoccin1m – 4pills 3 hourly for 2 days.
2. apis 200 – 4-4-4-4 for 4 days.
3. Lachesis 200- 4-4-4-4 for 4 days.

After 4 days.:

1. Calcarea carb 1m/sulphur 1m/thyroidinum – 4-4-4-4
2. Puls 0/1 – 4-0-4 b/food
3. Rub 15.

30/4/19: ABDOMEN PAIN MORE IN THE NIGHTS ONLY. HEADACHE IF GOES OUTSIDE FEELS PROBABLY DUE TO SUMMER.

RX:

1. BARYTA CARB200/PALLADIUM200/GRAPHITES 200- 4-4-4-4 FOR 4 DAYS.
2. RUB 15 – 1 TAB NIGHT BEFOR FOOD.
3. THUJA 1M – 1 DOSE STAT.